

SUNY TRANSFER COURSE EQUIVALENCY TABLE

| [Hudson Valley Community College] [Exercise Science, A.S.] | | | | | [SUNY Cortland] [Exercise Science] | | | | | |
|---|---|----------|-----------------------------|----------------------|---|---|----------|-----------------------------|---|-----------|
| Course # | Course Title | SUNY GER | Major or SUNY Transfer Path | Credits Granted | Course # | Equivalent Course Title | SUNY GER | Major or SUNY Transfer Path | Credits Accepted | |
| ENGL 101 | English Composition I | | | 3 | CPN 100 | Writing Studies I | Yes | | 3 | |
| EXER 101 | Introduction to Exercise Science | | | 3 | EXS 100 | Introduction to Kinesiology | | Yes | 3 | |
| HLTH 160 | Personal & Community Health | | | 3 | HLH 110 | Personal and Community Health | | Elective | 3 | |
| ENGL 102 | English Composition II | | | 3 | CPN 101 | Writing Studies II | Yes | | 3 | |
| MATH 120 Recommend MATH 175 | Real World Math (or higher) Calculus with Precalculus I | | | 4 | MAT 105 Required MAT 121 MAT 1XX | Mathematics in Modern Society Calculus A Elective | Yes | Yes | 3 1 | |
| BIOL 127 | Sport & Exercise Nutrition | | | 4 | EXS 357 | Nutrition and Sport Performance | | Yes | 3 | |
| PHED 280 | Introduction to Sports Medicine | | | 3 | ATR 101 | Foundations of Athletic Training | | Elective | 3 | |
| BIOL 234 | Anatomy & Physiology II | | | 4 | BIO 302 LAS 3XX | Human Anatomy and Physiology II Elective | Yes | | 3 1 | |
| EXER 100 | Concepts in Exercise Training | | | 3 | EXS 325 | Principles of Strength and Conditioning | | Yes | 3 | |
| EXER 110 | Exercise for Special Populations | | | 3 | EXS 432 | Exercise Prescription | | Elective | 3 | |
| HLTH 152 | First Aid | | | 2 | HLH 120 | Responding to Emergencies | | Elective | 3 | |
| ENGL 125 | Public Speaking | | | 3 | COM 210 | Fundamentals of Public Speaking | Yes | | 3 | |
| BIOL 230 or BIOL 270 | Anatomy & Physiology I | | | 4 | BIO 301 LAS 3XX | Human Anatomy and Physiology I Elective | Yes | Yes | 3 1 | |
| EXER 200 | Fitness Program Design | | | 3 | EXS 438 | Cardio-Respiratory Fitness Assessment and Programming | | Yes | 3 | |
| PSYC 225, or PSYC 100 | Sports Psychology, or General Psychology | | | 3 | Required PSY 101 PSY 346 | Introductory Psychology Sport Psychology | Yes | Yes | 3 3 | |
| | PED/HLTH Electives | | | 5 | Any PED activity course | 3 credit hours required for major | | Yes | 5 | |
| | Restricted American HIST Electives (HIST 110, 111, 115, or 139) | | | 3 | | SUNY GE 4 US History and Society | Yes | | 3 | |
| | Restricted Western Civilization HIST Electives (HIST 100, 101, 130, or 137) | | | 3 | | Cortland Exempt category Recommend other SUNY GE | | | 3 | |
| | OC, AR, FL, HU SUNY GE/LAS Electives | | | 6 | | SUNY GE | Yes | | 6 | |
| | | | | Total Credits | 65 | | | | | |
| | | | | | | | | | Total Credits Transferred | 65 |
| | | | | | | | | | Remaining Credits Needed for Graduation after Transfer | 68 |

Strongly recommend CHE 110 and 111 or 120 and 121 prior to transfer